

OPTOG 1397 : Sports Vision Workshop

This course is designed to review the athlete's visual system in multiple sports including baseball, softball, football, basketball, and hockey. Students will learn how to perform a comprehensive and systematic evaluation of an athlete's visual system, and make appropriate recommendations for their specific sport based on refractive error, visual processing, and visual motor integration. A range of options involving training techniques and lenses will be discussed to improve an athlete's visual system specifically for their sport. This course includes hands on exposure to techniques available to training an athlete.

College

Arizona College of Optometry

Credits 1.5

Prerequisites

Permission from the course director