

# PSYCG 1632 : Psychodynamic Approaches to Psychotherapy

This course is designed to introduce students to the theory and practice of psychodynamic psychotherapy. Focus is placed on understanding the dynamic unconscious, transference, countertransference, defense mechanisms and other key psychodynamic concepts underlying a psychodynamic therapeutic frame. Models, including brief therapy models, will be examined along with the evidence bases for interventions. Special attention will be given to case formulation and to adapting techniques to account for cultural and diversity factors.

**College**

Clinical Psychology Program

**Credits** 3.0**Prerequisites**

PSYCG 1530 Introduction to Psychotherapy